



September 2020 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|---|--|--------|
| | 1 | 2 Mindful Yoga Night @6pm-7pm | 3 | 4 |
| 7 | 8 | 9 | 10 | 11 |
| 14 | 15 How to Create a Family Coping Kit @6pm- 7pm | 16 Grandparents Raising Grandchildren @10am-12pm | Zoom for Parents @6pm-7:30pm | 18 |
| 21 | Part 1: You Can't Make Me! Parenting A Strong-Willed Child Series @12pm-1pm | 23 Grandparents Raising Grandchildren @10am-12pm | Cell Phone Applications Used at PISD @6pm-7:30pm | 25 |
| 28 | 29 Part 2: You Can't Ma <mark>ke Me!</mark> Parenting A Strong-Willed Child Series @12pm-1pm | 30 Grandparents Raising Grandchildren @10am-12pm | | |
| | Mindful Yoga Night @6pm-7pm | | | |



era for Handing

October 2020 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|--|--|--------|
| | | | 1 Using Your Cell Phone to Communicate with Your Child's Teachers @6pm-7:30pm | 2 |
| 5 | 6 Part 3: You Can't Make Me! Parenting A Strong-Willed Child Series @12pm-1pm Setting Limits and Following Through Effective Discipline @6pm-7pm | 7 Grandparents Raising Grandchildren @10am-12pm | 8 Exploring Plano ISD Website @6pm-7:30pm | 9 |
| 12 | Part 4: You Can't Make Me! Parenting A Strong-Willed Child Series @12pm-1pm Parental Calm Down Strategies for the Daily Stress & Frustrations of Our New Reality @6pm-7pm | 14 Grandparents Raising Grandchildren @10am-12pm | 15 Internet 101 @6pm-7:30pm | 16 |
| 19 | 20 | 21 Grandparents Raising Grandchildren @10am-12pm Mindful Yoga Night @6pm-7pm | Internet Safety @6pm-7:30pm | 23 |
| 26 | 27 | 28 Grandparents Raising Grandchildren @10am-12pm | 29 Educational Sites for Parents and Students on the Internet @6pm-7:30pm | 30 |





November 2020 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---|---|---|--------|
| 2 | 3 Why Perfectionism and Anxiety Go Hand-in-Hand @6pm-7pm | 4 Grandparents Raising Grandchildren @10am-12pm | 5 Part 1: May I Have Your Attention, Please?: Parenting Children with ADD/ADHD @6pm-7pm Email Skills- Basic Level @6pm-7:30pm | 6 |
| 9 | 10 | 11 Grandparents Raising Grandchildren @10am-12pm | 12 Part 2: May I Have Your Attention, Please?: Parenting Children with ADD/ADHD @6pm-7pm Email Skills- Intermediate Level @6pm-7:30pm | 13 |
| 16 | 17 Emotional Wellbeing Check-ins for Families @6pm-7pm | 18 Grandparents Raising Grandchildren @10am-12pm | Part 3: May I Have Your Attention, Please?: Parenting Children with ADD/ADHD @6pm-7pm Introduction to Computer Mouse, Types and Uses @6pm-7:30pm | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | | | | |





December 2020 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|---|---|--------|
| | 1 What Are Our Children Doing with Their Electronic Devices? @6pm-7pm | 2 Grandparents Raising Grandchildren @10am-12pm | 3 Part 4: May I have Your Attention, Please?: Parenting Children with ADD/ADHD @6pm-7pm Introduction to Computer Keyboard/Keyboard Practices @6pm-7:30pm | 4 |
| 7 | 8 | 9 Grandparents Raising Grandchildren @10am-12pm | 10 Introduction to Computer Keyboard @6pm-7:30pm | 11 |
| 14 | 15 | 16 Grandparents Raising Grandchildren @10am-12pm | 17 | 18 |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 29 | 30 | 31 | |



January 2021 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|--|---|--------|
| | | | | 1 |
| 4 | 5 | Grandparents Raising Grandchildren @ 10am-12pm | 7 | 8 |
| 11 | 12 Part 1: May I have Your Attention, Please?: Parenting Children with ADD/ADHD @12pm-1pm Diversity: How to Teach Cultural Diversity to All Ages @6pm-7pm | 13 Grandparents Raising Grandchildren @ 10am-12pm | 14 Basics of Microsoft Word 2016. Class 1 @6pm-7:30pm | 15 |
| 18 | 19 Part 2: May I have Your Attention, Please?: Parenting Children with ADD/ADHD @12pm-1pm Raising Empathetic Children @6pm-7pm | 20 Grandparents Raising Grandchildren @ 10am-12pm | 21 Basics of Microsoft Word 2016. Class 2: Writing Excuse Letters @6pm-7:30pm | 22 |
| 25 | 26 Part 3: May I have Your Attention, Please?: Parenting Children with ADD/ADHD @12pm-1pm | 27 Grandparents Raising Grandchildren @ 10am-12pm | 28 Basics of Microsoft Word 2016. Class 3: Create A Flyer @6pm-7:30pm | 29 |





February 2021 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|--|---|--------|
| 1 | Part 4: May I have Your Attention, Please?: Parenting Children with ADD/ADHD @12pm-1pm Keeping Your Cool in the Heat of the Moment: Managing Anger @6pm-7pm | 3 Grandparents Raising Grandchildren @ 10am-12pm | 4 Basics of Microsoft Word 2016. Class 4: Resumes @6pm-7:30pm | 5 |
| 8 | 9 | 10 Grandparents Raising Grandchildren @ 10am-12pm | 11 Basics of Microsoft Word 2016. Class5: Letter of Interests @6pm-7:30pm | 12 |
| 15 | 16 | 17 Grandparents Raising Grandchildren @ 10am-12pm | 18 Basics of Microsoft Excel 2016. Class 1: Introduction @6pm-7:30pm | 19 |
| 22 | 23 | 24 Grandparents Raising Grandchildren @ 10am-12pm | Basics of Microsoft Excel. Class 2: Family Budget @6pm-7:30pm | 26 |

March 2021 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---|---|--|--------|
| 1 | 2 Building Self-Esteem I Can Do It! @6pm-7pm | 3 Grandparents Raising G <mark>rand</mark> children @ 10am-12 <mark>pm</mark> | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 Grandparents Raising Grandchildren @ 10am-12pm | 18 Part 1: You Can't Make Me! Parenting A Strong-Willed Child Series @6pm-7pm Basics of Microsoft Excel. Class 3: Car Loan Interest @6pm-7:30pm | 19 |
| 22 | 23 Trauma-Informed Parenting @6pm-7pm | 24 Grandparents Raising Grandchildren @ 10am-12pm | 25 Part 2: You Can't Make Me! Parenting A Strong-Willed Child Series @6pm-7pm Basics of Microsoft Excel. Class 4: Creation of Tables and Graphs @6pm-7:30pm | 26 |
| 29 | 30 | 31 Grandparents <mark>Rais</mark> ing Grandchildren @ 10am-12pm | | |



April 2021 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---|--|--|--------|
| | | | 1 Part 3: You Can't Make Me! Parenting A Strong-Willed Child Series @6pm-7pm Basics of Microsoft Excel. Class 5 @6pm-7:30pm | 2 |
| 5 | 6 How to Bully Proof Your Child @6pm-7pm | 7 Grandparents Rais <mark>ing Grandchildren</mark> @ 10am-12pm | 8 Part 4: You Can't Make Me! Parenting A Strong-Willed Child Series @6pm-7pm Basics of PowerPoint 2016. Class 1 @6pm-7:30pm | 9 |
| 12 | 13 Empowering Children with Resiliency Skills @6pm-7pm | 14 Grandparents Raising Grandchildren @ 10am-12pm | Basics of Powerpoint 2016. Class 2 @6pm-7:30pm | 16 |
| 19 | 20 | 21 Grandparents Raising Grandchildren @ 10am-12pm | 22 Basics of PowerPoint 2016. Class 3 @6pm-7:30pm | 23 |
| 26 | 27 | 28 Grandparents Raising Grandchildren @ 10am-12pm | 29 Basics of Google Drive @6pm-7:30pm | 30 |





May 2021 Virtual Parent Education Workshop

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|--|---|--------|
| 3 | 4 Sexuality: The Birds, the Bees, the Talk @6pm-7pm | 5 Grandpar <mark>ents</mark> Raising Gran <mark>dchildr</mark> en @ 10am-12pm | 6 Basics of Google Drive Class 2 @6pm-7:30pm | 7 |
| 10 | 11 | Grandparents Raising Grandchildren @ 10am-12pm | 13 Basics of Google Drive Class 3 @6pm-7:30pm | 14 |
| 17 | 18 | 19 Grandparents Raising Grandchildren @ 10am-12pm | 20 | 21 |
| 24 | 25 | 26 Grandparents Raising Grandchildren @ 10am-12pm | 27 | 28 |
| 31 | | | | |